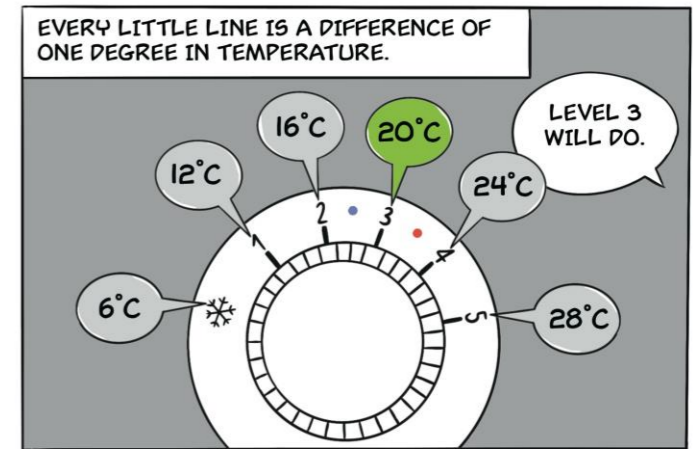
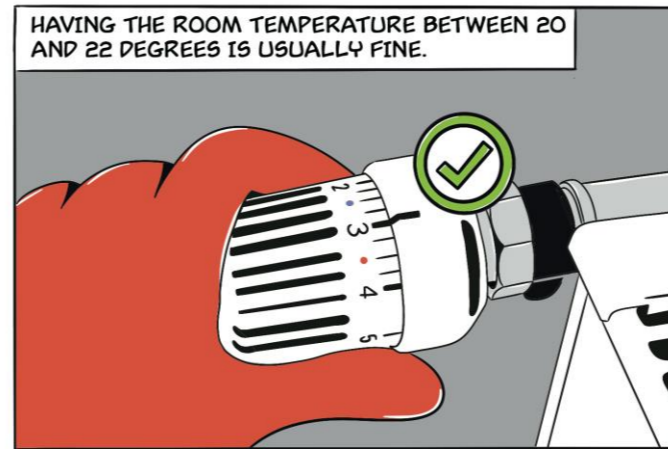
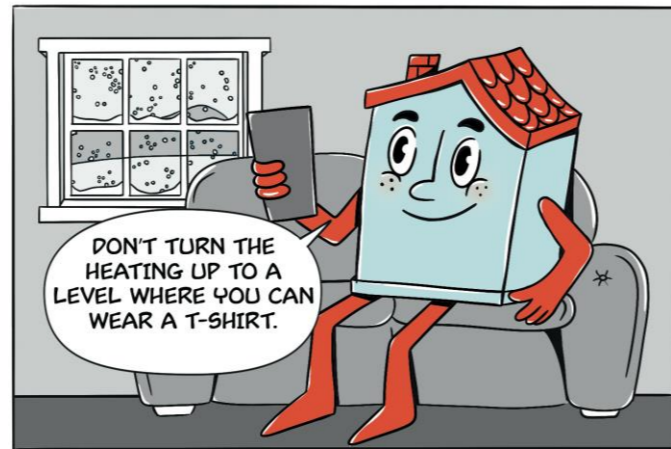
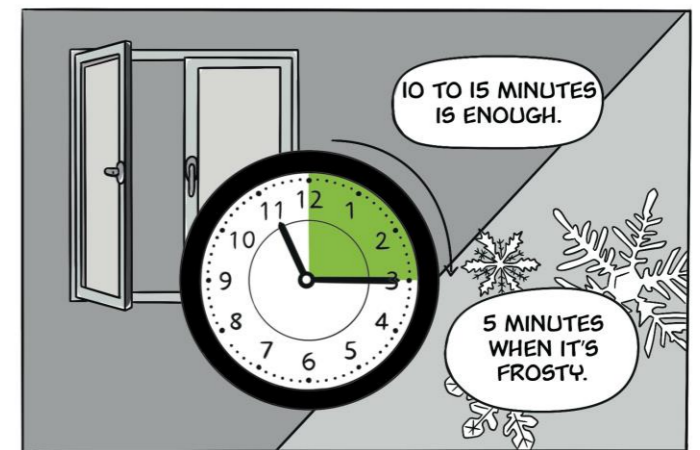
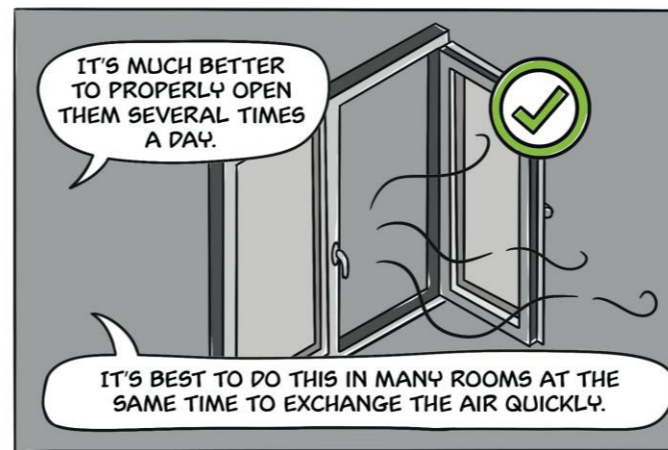


# The top 7 tips for saving energy

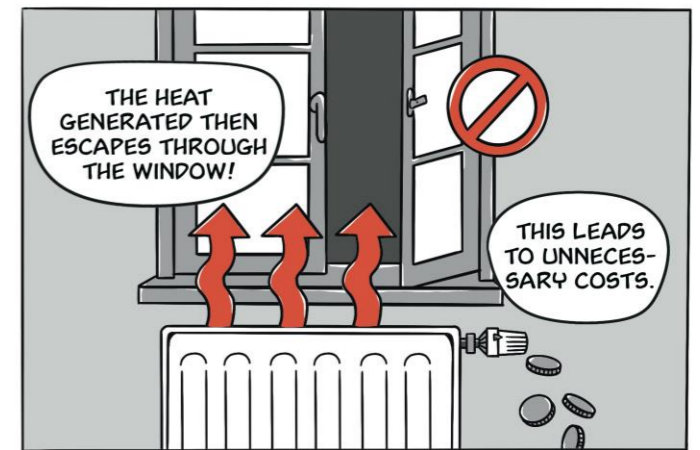
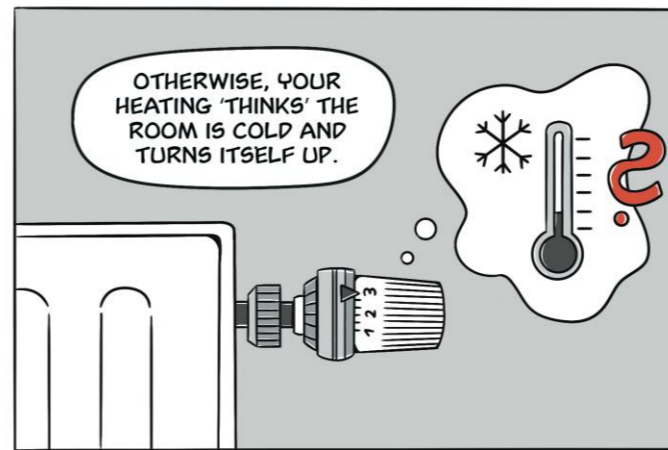
## 1. 20 to 22 degrees is enough



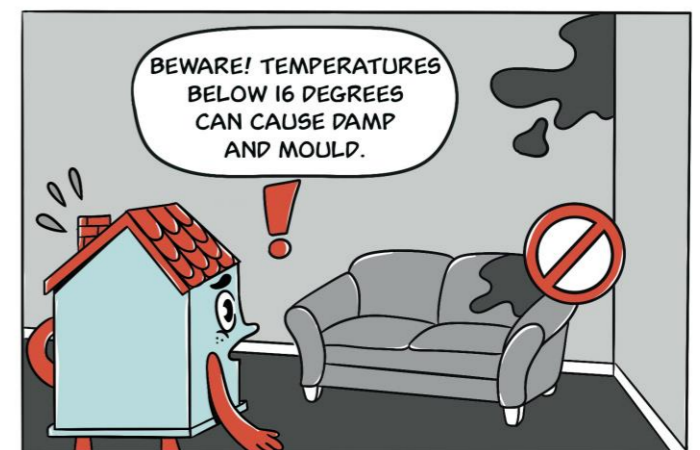
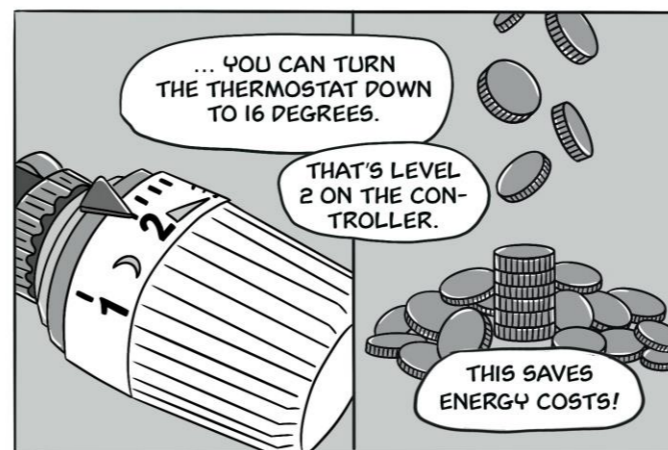
## 2. Regularly open the windows properly instead of tilting them



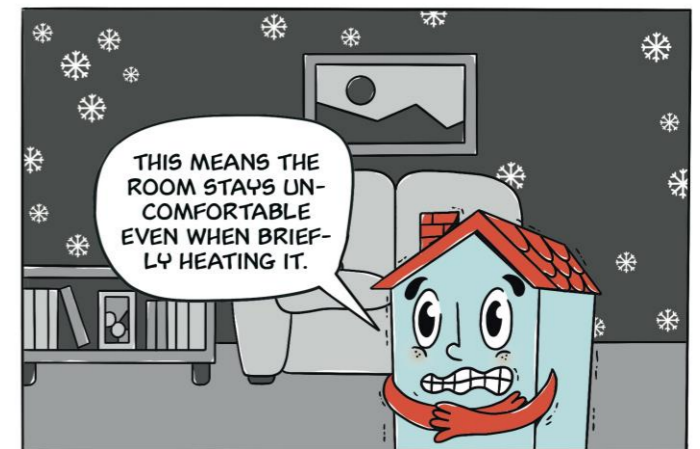
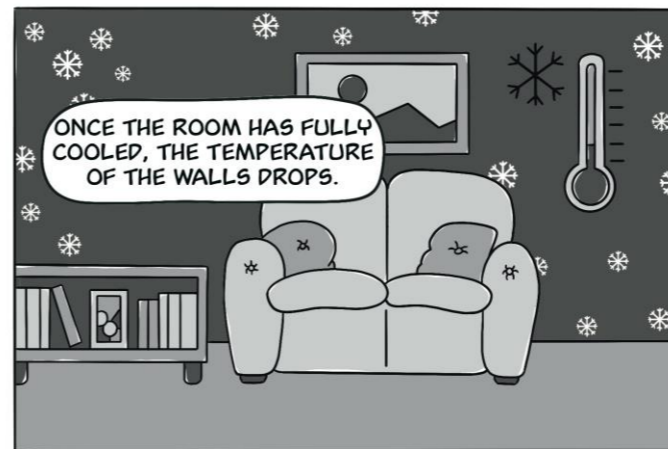
## 3. Turn the heating off before ventilating



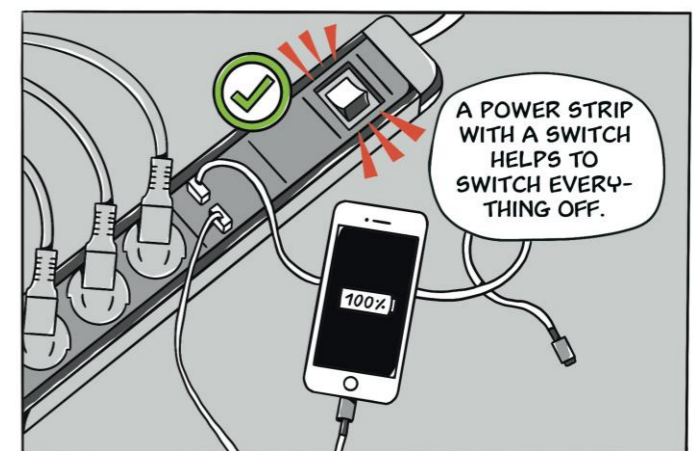
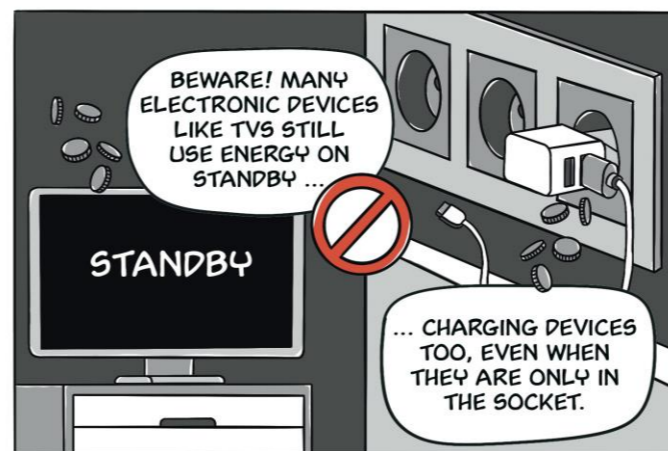
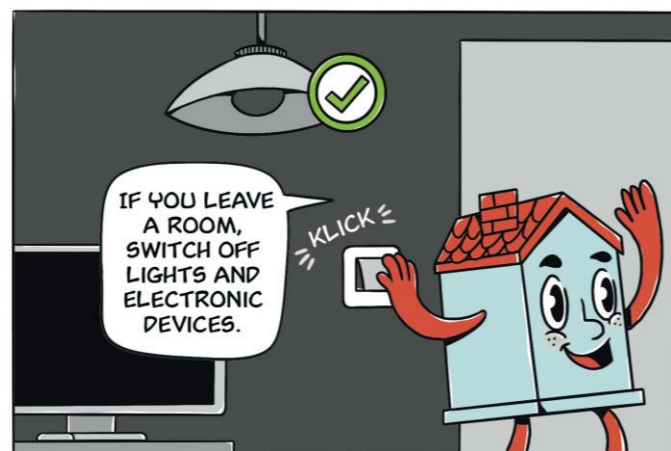
## 4. Turn the heating down at the right moment



## 5. Never set radiators permanently to 0



## 6. Switch off lights and devices



## 7. Know which appliances use a lot of energy

